

DIOCESE OF WILMINGTON

MARRIAGE PREPARATION PROGRAM

THREE EASY STEPS

ONE

Meet with your Marrying Clergy

Contact your marrying clergy as soon as possible to assist with your marriage preparation. The clergy will provide you with the necessary information to complete the process. Communicate with your marrying clergy regularly to ensure that everything is in order concerning the sacrament. Speak with your marrying clergy to learn more about how to get involved in your parish community.

TWO

Enroll in a Marriage Preparation Course

The Diocese offers an excellent educational component, *Life Skills for Couples*, for the marriage preparation course. *Life Skills for Couples* is specifically designed to introduce you to the rich and engaging teachings of the Catholic faith and the Sacrament of Matrimony. Throughout this process, you will gain insight into yourself as an individual and as part of a couple. Practical advice and spiritual resources will be shared with you that will support a life-long and joyful Catholic marriage.

THREE

Celebrate the Sacrament of Reconciliation

The Church invites all Catholics to prepare themselves spiritually prior to their marriage by celebrating the Sacrament of Reconciliation. The regular practice of the Sacrament of Reconciliation keeps marriages healthy and strong.



MARRIAGE PREPARATION PROGRAMS

“Marriage is a symbol of life, real-life: it is not fiction! It is the Sacrament of the love of Christ and the Church, a love which finds its proof and guarantee in the Cross. My desire for you is that you have a good journey, a fruitful one, growing in love. I wish you happiness. There will be crosses! But the Lord is always there to help us move forward. May the Lord bless you!”

Pope Francis, Homily, Sept 2014

Life Skills for Couples

Life Skills for Couples is a virtue-based program that introduces couples to patterns of thought and behavior that promote a life-long marriage. The program requires completing *Life Skills for Couples*, an online, self-paced program, and attendance at a virtual meeting.



Trusting Again

Trusting Again is a customized *Life Skills* Marriage Preparation Program for couples seeking a second marriage. This program offers the same invitation to learn about the Catholic faith and the Sacrament of Matrimony but focuses on additional topics tailored for couples who have experienced the annulment process or who have been widowed.



To Register:

After you meet with your clergy, please register online at www.cdot.org/precana

DIOCESE OF WILMINGTON
OFFICE FOR MARRIAGE AND FAMILY LIFE



Questions: Call 302-295-0657 or
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