

BEREAVEMENT SUPPORT GROUPS

National Groups -Meeting Virtually

Share Pregnancy & Infant Loss Support is a community for anyone who experiences the tragic death of a baby. We serve parents, grandparents, siblings, and others in the family unit, as well as the professionals who care for grieving families. The National Share office hosts two monthly online group chats that are free of charge to our families. The online Pregnancy Loss Group (for the loss of baby through miscarriage, still birth or in the first weeks of life) meets the first Tuesday of each month, 7:00pm-9:00pm CST. The Pregnancy After Loss Group (for those pregnant after a loss or trying to become pregnant) meets the third Tuesday of each month, 7:00pm-9:00pm CST. To connect to the group meeting, go to our website at <http://nationalshare.org/online-support/>

The Share office also maintains an active presence on Facebook, with three support groups and Share's National page. The support groups are closed groups to protect privacy and require approval prior to posting within the page. The National Share page is a public page and posts current information regarding events, pertinent articles, chapter updates, and videos from bereaved families.

<http://www.nationalshare.org/>

Share Bereaved Families Peer Support (Closed Group, Request Permission)

Share Pregnancy After Loss Support (Closed Group, Request Permission)

Share Español: Esperanza for Spanish Speaking Families (Closed Group, Request Permission)

Share Pregnancy & Infant Loss Support, Inc. (Public)

For our National Facebook page and to join the closed groups go to

<https://www.facebook.com/NationalShare/>

Emmaus Ministry for Grieving Families seeks to create a safe and sacred space for parents to "*undress their hearts*" before God and others who know and feel their pain—and to focus on the tenets of our Catholic faith and the certainty of the Communion of Saints now and in the future. It now offers One-Hour, One-Day, and Weekend Spiritual Retreats wherever it is called to do so.

<https://www.emfgp.org/>

Local Groups within our Diocese

Loving Arms Parent Support Group c/o Christiana Hospital

Social Work Dept, Conference Room 1000, Newark, DE 19718

302 - 733-4367, Group meets the 3rd Monday at 6:15pm.

Please join other parents who have suffered a loss. The Loving Arms Parent Support Group is a self-help group that provides time to ask questions, share thoughts, or just listen. The group is available to help parents or families who have had an ectopic pregnancy, miscarriage, stillbirth or neonatal death.

Supporting Kidds: The Center For Grieving Children & Their Families

This non-profit group provides support and educational programs for grieving children, their families, and the larger community in which they live. They provide a compassionate pathway to healing for grieving children and their families, and to empower the community to support them in the grieving process.

1213 Old Lancaster Pike, Hockessin, DE 19707 302) 235-5544 www.supportingkidds.org

The Compassionate Friends

This national organization has a local chapter here in Wilmington. They provide support and educational programs for bereaved parents following the death of a child of any age.

www.compassionatefriends.org

The Compassionate Friends Brandywine Hundred Chapter meets 2nd & 4th Tuesday of the month at 7pm at Silverside Church. (302) 376-0300

The Compassionate Friends of Salisbury Group meets the last Tuesday at 7pm at Chamber of Commerce, 410-603-2769

Bayside Helping Hands

1535 Savannah Rd., Lewes, DE 19958

302-645-4700

Delaware SIDS Affiliate

17 Roselawn Ave., Wilmington, DE 19805

302-996-0819

STAR – Special Treasures are Remembered has support groups in Southern Delaware, Salisbury and Berlin . Worcester County Peninsula Regional Medical Center
410-543-7039 Bi-monthly meetings. Call for dates and times

The Child Loss Support Group, Inc.

410-822-3466