

Feelings Worksheet

Scared

Sad

Shy

Brave

Angry

Impatient

Lonely

Afraid

Excited

Confused

Special

Bored

Proud

Important

Happy

Loved

Worried

Jealous

Cheated

Embarrassed

Guilty

Furious

Surprised

Strong

Hurt

Confident

Hopeful

Nervous

Caring

Joyful