



CATHOLIC CHARITIES
Diocese of Wilmington

CADC CERTIFICATION CLASSES – ADVANCED CLASS
2601 W. 4TH STREET, WILMINGTON, DE 19805
CLASSES FROM 6P -9P ON TUESDAY
\$40 PER CLASS - 24 CREDIT HOURS

January 17th and January 24th

Strategies for Working with Resistant Clients

Adapting the LEAP Model to Addiction Treatment
Review of Motivational Enhancement Techniques
15 Minute Break
Model for Facilitating Defense Mechanism Task Groups
Experiential Demonstration and Exercises

January 31st and February 7th

Strategies for Treating Personality Disorders

Trauma-informed Approach
15 Minute Break
Treatment Planning Considerations
Counter-transference Issues

February 14th and February 21st

Advanced Techniques for Group Counseling

Review of Wilfred Bion's Model of Group Development
15 Minute Break
Interventions to Promote Working Groups
Experiential Demonstration and Exercises

February 28th and March 6th

Week 4: Advanced Relapse Prevention Treatment

Identifying Appropriate Clients for Relapse-focused Treatment
15 Minute Break
Adapting Terrence Gorski's Worksheets for Brief Counseling Interventions
Strategies for the "Chronic Relapser"